

CLASS OF 2028

SPRING PARENT PEER GROUP MEETING

February 10, 2025

CLASS OF 2028 PARENT PEER GROUP MEETING AGENDA

- Financial Report
- Social Team Update
- Merchandise Team Update
- Spirit Night Team Update
- Guest Speaker - Jon Stephenson
- Freshman Class Updates and Q&A - Grade Level Principal
- Freshman Class Updates and Q&A - Academic Counselors

CLASS OF 2028 FINANCIAL UPDATE

Stratford High School Class of 2028 Project Prom
Profit & Loss
July 2024 through January 2025

	Jul '24 - Jan 25
Ordinary Income/Expense	
Income	
Sales	
Donation	264.21
Event	19,900.00
Merchandise	27,739.65
Raffle	4,745.00
Spirit Night	201.11
Discount	-230.04
Total Sales	52,619.93
Total Income	52,619.93
Expense	
Merchandise	15,864.17
Bank Service Charges	1,988.26
Business Licenses and Permits	301.00
Event Expense	4,738.44
Insurance Expense	450.00
T-Shirts	4,259.00
Website	784.92
Total Expense	28,385.79
Net Ordinary Income	24,234.14
Other Income/Expense	
Other Income	
Sales Tax Discount	11.00
Total Other Income	11.00
Net Other Income	11.00
Net Income	24,245.14

CLASS OF 2028 SOCIAL UPDATE

- Holiday Market at Ako's house and the January Mah-Jong event were fantastic!
- Next event is a Moms Happy Hour on Wednesday, February 26
- Stay tuned for March Event details



CLASS OF 2028 MERCHANDISE UPDATE

Items Currently For Sale

- SHS/HTX T-shirt - drifit
- SHS/HTX hoodie
- Green Bow Spartan t-shirt
- Masters inspired Cotton pocket t-shirt
- SHS pullover
- Spartan 'S' Umbrellas
- Spartan Blanket
- Spartan Front Door Wreath Sash

Reminder! Funds from Class of 2028 items sold go directly to our class Project Prom fund.

CLASS OF 2028 MERCHANDISE

Order at www.stratford2028.com



Spartan Golf
Umbrella
58” canopy
\$35



shs
cropped
pullover
\$50
Adult S,
XL, XXL



Stratford
Blanket
Soft Microfleece
56” x 60”
\$48



SHS HTX
Hoodie
\$40
Adult M only



Bow Tshirt
Youth and
Adult Sizes
\$25






Stratford America “Masters” Pocket Tee
Adult sizes \$30

*All proceeds benefit the Class of 2028’s Project Prom

CLASS OF 2028 SPIRIT NIGHTS UPDATE


- Next Spirit Night is February 27 - Mention Class of 2028 when paying
- March Spirit Night will be at Chick-fil-A



SPIRIT NIGHT

Thursday, February 27th
11AM-10PM
1202 Dairy Ashford Road

DINE IN OR TAKE OUT
*No flyer needed.
Mention SHS Class of 2028 when paying



Benefiting the
Class of 2028
Project Prom

Stratford High School
Class of 2028
Parent Peer Group Meeting



Drugs and Alcohol

1. Driving
2. Partying
3. Making it worse

Social Media

1. Phones
2. Videos and Photos
3. Evidence of Crimes

SILENCE

1. Truth
2. Lies
3. Consequences

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CLASS OF 2028 UPDATES - PRINCIPAL PRONTKA

Buy Back: March 7, 2025

Phones

Academic Dishonesty

Prom vs Project Prom

CLASS OF 2028 UPDATES - MS. BLACKMON

- Course Selections Update
- GPA Upkeep
- Document Resume Builders
- [Student Presentation](#) - Brooke McAughan

Guest Speaker - Brooke McAughan

Parent Resources

Books

- Raising an Intuitive Eater by Summer Brooks and Amee Severson

This book offers a guide for modeling positive relationships with food, movement, and body image.

- Intuitive Eating by Evelyn Tribole and Elyse Resch

A self-help book that encourages people to trust in their bodies signals and to eat for satisfaction. Rather than trusting on external factors. Offering tools to build a healthier relationship with food.

- Health At Every Size by Lindo Bacon

Book that focus on healthing living. It empowers readers to feel good about themselves, and shifts away from today's diet culture.

- How to Nourish Your Child Through an Eating Disorder by Casey Crosbie and Wendy Sterling

A guide to parents on how to tackle an eating disorder and rebuild a healthy relationship with food. They go over the Plate- by- Plate Approach.

Guest Speaker - Brooke McAughan

Websites

- National Alliance for Eating Disorders:

<https://www.allianceforeatingdisorders.com/>

Nonprofit organization that provides referrals, education, and support for individuals experiencing eating disorders and their loved ones

- National Eating Disorder Association(NEDA)

<https://www.nationaleatingdisorders.org/>

They work to advance research, build community, and raise awareness

Videos

- Addressing the Spectrum of Disordered Eating by Mental Health America

Webinars

- <https://www.youtube.com/watch?v=OxCRiFCCaMc>

- DSM-5

- <https://insideoutinstitute.org.au/assets/dsm-5%20criteria.pdf>